

# DIVERSITY, EQUITY & INCLUSION

## JUNE 2022

This newsletter contains latest updates related to Diversity, Equity, & Inclusion (DEI) occurring in the Department of Psychiatry and beyond.



### LET US REMEMBER AND HONOR THOSE WHO FOUGHT FOR EMANCIPATION AND CONTINUE THE WORK TO ADVANCE HEALTH EQUITY

“On June 19, 1865 — nearly nine decades after our Nation’s founding, and more than 2 years after President Lincoln signed the Emancipation Proclamation — enslaved Americans in Galveston, Texas, finally received word that they were free from bondage. As those who were formerly enslaved were recognized for the first time as citizens, Black Americans came to commemorate Juneteenth with celebrations across the country, building new lives and a new tradition that we honor today. In its celebration of freedom, Juneteenth is a day that should be recognized by all Americans. And that is why I am proud to have consecrated Juneteenth as our newest national holiday.”

<https://www.whitehouse.gov/briefing-room/presidential-actions/2021/06/18/a-proclamation-on-juneteenth-day-of-observance-2021/>

#### Counter/Narratives of Independence: Celebrating Juneteenth

Thursday, June 23 | 3:00 PM - 4:30 PM | John M. Olin Library

Join the University Libraries, in partnership with the Department of African and African-American Studies and the WashU & Slavery Project, for a special Juneteenth celebration. Come together as a community to learn more about the holiday and enjoy refreshments. The event will begin with an introduction to Juneteenth and its importance in history and today. Following the introduction, activities for all ages will be available, including a dramatic reading of Frederick Douglass’s speech “What to a Slave is the Fourth of July?”, children’s story time, interactive stations, and a viewing of current exhibitions. Free and open to all, registration required.

#### Juneteenth Pop-up Display

Saturday, June 18 & Sunday, June 19 | 11:00 AM - 5:00 PM | Mildred Lane Kemper Art Museum

In commemoration of Juneteenth, the Kemper Art Museum brings together works by four contemporary American artists of African descent—Torkwase Dyson, Trenton Doyle Hancock, Joyce Scott and Danny Tisdale—for a pop-up display organized around the practices of storytelling and remembrance. While viewing the display, we invite you to reflect on what histories we are taught, whose stories matter, and how we remember. An accompanying reading table contains multiple points of entry for learning about the historical events surrounding emancipation as well as their legacies in the present, offering context for understanding the ongoing struggle for Black liberation and racial justice through the lenses of historical texts, personal narratives and children’s literature.

Visit the Office of Minority Health (OMH) website to find [statistics](#) on Black health, including heart disease, infant mortality, and mental health, and learn about the [lives and careers of Black men and women](#) who have made an impact in important fields such as cancer, HIV/AIDS, maternal and child health, and sickle cell disease. [Black/African American Health in the United States: A Pathfinder to Resources](#) provides key articles, reports, and other resources that touch upon diseases, social determinants of health, racial justice, and other important topics on Black health.

### COMMUNITY DISCUSSIONS: WUSM’S COMMITMENT TO ANTI-RACISM STATEMENT

These virtual sessions will be offered 2 times/month for the remainder of 2022 – visit our events calendar to register for dates that best fit your schedule. Click on the date to register for one of the sessions. The next session is Thursday, 8/18/22 from 2-3 pm.

In early 2021, the Executive Faculty of Washington University School of Medicine approved a “WUSM Leadership Commitment to Anti-Racism,” naming racism as a public health crisis and committing to address racism within our institution, policies, and educational frameworks. Our office is hosting one hour community discussions for WUSM community members to learn more and talk about the statement, what it means to them and how you can be involved in this important transformation initiative. These community discussions will be hosted on an ongoing basis, and are also available by department request. See the statement [HERE](#).

## NIH Director's Innovation Speaker Series: Building the National Museum of African American History and Culture

CDate/Time: June 28, 2022, 3:00–4:00 p.m. ET | Location: Virtual

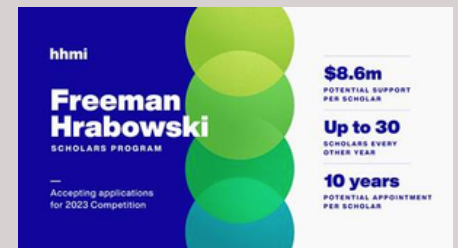
In a conversation with NIMH Director Joshua Gordon, M.D., Ph.D., Secretary of the Smithsonian, Lonnie G. Bunch III will tell his story of building the National Museum of African American History and Culture.

The discussion will outline the challenges of site choice, architect selection, building design, and the compilation of an unparalleled collection of African American artifacts. Secretary Bunch will also share his personal struggles—especially the stress of a high-profile undertaking—and the triumph of establishing a museum that treats the African American experience as an essential component of every American's identity. Register for This Lecture.



## The Howard Hughes Medical Institute (HHMI) is seeking creative and innovative early career faculty for our new Freeman Hrabowski Scholars Program.

They are looking for outstanding basic researchers, including physician-scientists, who have strong potential to become leaders in their fields and to advance diversity, equity, and inclusion through their mentorship and understanding of the experiences of trainees from races and ethnicities underrepresented in US science. Scholars will prioritize scientific excellence in their own research while



creating an equitable and inclusive lab climate that values diversity and serves as a model within their own institutions and beyond. Eligible research areas include all basic biomedical science disciplines, as well as plant biology, evolutionary biology, biophysics, chemical biology, biomedical engineering, and computational biology. Up to 30 Freeman Hrabowski Scholars will be selected in 2023, with future competitions anticipated every other year. Application deadline is Sept 28, 2022

## Healing Ourselves Series 1: Uncovering Implicit Bias Through Mindfulness

This 3-part series is a collaboration between Mindfulness Consultant, Meg Krejci and the Office of Diversity, Equity and Inclusion's Director of Programming and Professional Development, Erin Stampf. It is open to all students, staff, and faculty. Participants will use mindfulness practices to uncover implicit biases within themselves to support their work toward positive change. Our brain focuses on protecting us and can inhibit our ability to lean into the discomfort of acknowledging bias and staying in difficult discussions. We are better prepared to be partners in the work for positive social change when we:

- 1) Practice ways to manage our "fight/flight/freeze" response and
- 2) Understand how our perceptions impact our ability to be change agents.

These practices can become tools for engaging in difficult conversation and anti-oppression work without shutting down or getting burned out.

[Thursdays, September 8th – 22th, 2 -3pm – Click to Register!](#)

## EVENTS & RESOURCES IN ST. LOUIS AND BEYOND



### ASSOCIATION OF AMERICAN MEDICAL COLLEGES VIRTUAL EVENT ON ERADICATING RACISM IN HEALTH CARE

Anti-Asian stigma: A study on COVID-19's detrimental effects on Asian Americans (May 2022)

Numerous articles on anti-Asian violence have appeared in scholarly journals in multiple disciplines during the past 2 years, reflecting the substantial increase in the frequency and intensity of anti-Asian hate crimes that accelerated in 2020 with the pandemic and continue to the present.

A recent article in *Stigma and Health* brings together a representative subset of this body of social and behavioral studies by examining 50 articles describing and evaluating acts of discrimination directed toward Asian Americans as a result of the COVID-19 pandemic in the United States. In doing so, scholars Mary Bresnahan, Yi Zhu, Anne Hooper, Sarah Hipple, and Lucas Savoie hope to communicate the magnitude of anti-Asian violence during the COVID-19 pandemic and illustrate the negative physical, emotional, and psychological effects of anti-Asian stigma. [READ MORE](#)

### WUSM ADVANCING INCLUSION: DISABILITIES DIVERSITY, EQUITY AND INCLUSION TRAINING OPEN SESSION

June 27, 2022, 10:00 a.m.-11:30 a.m. Zoom (Virtual)

At the conclusion of this training, participants will be able to:

- Define disabilities
- Identify the impact of creating an inclusive environment for individuals living with disabilities
- Demonstrate the importance of recognizing unconscious bias in relation to visible and invisible disabilities
- Design an effective inclusive practice for your corner of the university

[Learn More](#)

### FROM THE TALKING RACE & KIDS SERIES



Building meaningful, healthy relationships among children of color

This webinar conversation takes a deeper dive into how one community goes about forging meaningful relationships among families and especially children of color. Drawing on the experiences and work of Families of Color-Seattle (FOCS), they talk about specific ways in which young people of color are currently showing solidarity with each other, about the "critical consciousness" that fuels such solidarity, and about specific ways parents and other caregivers can nurture children who find community with each other.

EmbraceRace was founded in early 2016 by two parents who set out to create the community and gather the resources they needed to meet the challenges faced by those raising children in a world where race matters.

### PSYCHIATRY LISTENING SESSIONS

Drs. Cavazos and Navsaria will plan to continue hosting Psychiatry-focused DEI listening sessions. The purpose of these sessions is to provide you with an opportunity to ask DEI-focused questions, propose ideas, express concerns, etc.

Thank you to those attendees who have previously joined us for one or more listening sessions. Some of the topics discussed included strategies to recruit and retain a more diverse workforce and requests for more DEI training opportunities across all psychiatry staff, faculty, and trainees.

Summer Session 1 will take place on June 30, 2022 at 10am-11am

Zoom link: <https://wustl-hipaa.zoom.us/j/92099284979>

Summer Session 2 will take place on July 19, 2022 at 11am-12n

Zoom link: <https://wustl-hipaa.zoom.us/j/97642467749>

## KEYNOTE SPEAKERS ANNOUNCED FOR MENTAL HEALTH SERVICES RESEARCH CONFERENCE

August 2-3, 2022 | 11:00am-6:00pm ET

The National Institute of Mental Health (NIMH) is pleased to announce the keynote speakers for the 25th NIMH Conference on Mental Health Services Research.

Leana Wen, M.D., M.Sc.

Keynote Theme: Addressing mental health and health equity

Dr. Leana Wen is an emergency physician, professor of health policy and management at George Washington University, and a nonresident senior fellow at the Brookings Institution. Previously, she served as Baltimore's Health Commissioner, where she focused on fighting the opioid epidemic, treated violence and racism as public health issues, and improved maternal and child health.

[Read Dr. Wen's Full Bio](#)



Ruth Shim, M.D., M.P.H.

Keynote Theme: Achieving equity in mental health services research

Dr. Ruth Shim is the Luke & Grace Kim Professor in Cultural Psychiatry, Professor of Clinical Psychiatry in the Department of Psychiatry and Behavioral Sciences at the University of California, Davis, and Associate Dean of Diverse and Inclusive Education at the UC Davis School of Medicine. She is an expert on mental health equity, structural racism in medicine, and diversity, equity, and inclusion in academic medicine.

[Read Dr. Shim's Full Bio](#)



## JUNE 2022 SESSION

### Health Equity Research in the LGBTQ+ Community

FREE WEBINAR

Tuesday, June 28, 2022

12:00 – 1:00 pm PST

[REGISTER TODAY](#)

#### Speakers:



**Tandy Aye, MD**

Professor of Pediatrics, in the Division of Endocrinology, and by courtesy in the Dept of Psychiatry and Behavioral Health



**Mitchell R. Lunn, MD**

Assistant Professor of Medicine (Nephrology) and of Epidemiology and Population Health



**Juno Obedin-Maliver, MD, MPH, MAS**

Assistant Professor of Obstetrics & Gynecology and of Epidemiology and Population Health



**Leslee L. Subak, MD (Moderator)**

Professor and Chair of Obstetrics & Gynecology, Founding Director of the Stanford LGBTQ+ Health Program

*We now have a DEI email address for you to communicate with us about any of your DEI questions, ideas, or concerns. We encourage you to reach out to us at [DEIpsych@email.wustl.edu](mailto:DEIpsych@email.wustl.edu)*

*We are also looking for your input on content that helps to elevate Diversity, Equity, and Inclusion to include in our newsletter. Please do email us at [DEIpsych@email.wustl.edu](mailto:DEIpsych@email.wustl.edu) with any recommendations on events, books, movies, podcasts, other popular media, etc.*