In this newsletter, we aim to provide you with the latest updates related to Diversity, Equity, & Inclusion (DEI) occurring in our Department of Psychiatry and beyond. This newsletter will be distributed every other month. We will also provide an update on DEI events every other month.

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<th>Psychiatry Listening Sessions</th>
<th>OUTmed is “Together Again” at PrideFest 2022</th>
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| Drs. Cavazos and Navsaria will plan to continue hosting Psychiatry-focused DEI listening sessions. The purpose of these sessions is to provide you with an opportunity to ask DEI-focused questions, propose ideas, express concerns, etc. **Thank you to those attendees** who have previously joined us for one or more listening sessions. Some of the topics discussed included strategies to recruit and retain a more diverse workforce and requests for more DEI training opportunities across all psychiatry staff, faculty, and trainees. **Summer Session 1** will take place on June 30, 2022 at 10am-11am. Zoom link: [https://wustl-hipaa.zoom.us/j/92099284979](https://wustl-hipaa.zoom.us/j/92099284979)

**Summer Session 2** will take place on July 19, 2022 at 11am-12n. Zoom link: [https://wustl-hipaa.zoom.us/j/97642467749](https://wustl-hipaa.zoom.us/j/97642467749)

OUTMed is proud to announce we will once again be a sponsor at [PrideFest 2022](https://www.pridefeststl.org/), hosted by [PRIDE STL](https://www.pridestl.org/). PrideFest, is back in-person this June 25-26, 2022 with the theme “Together Again”. You’re invited to join the OUTmed group during the Grand Pride Parade and/or volunteer at a booth designed to provide mental health resources for LGBTQIA+ individuals.

- **Who:** Open to all Washington University faculty, staff, trainees and students.
- **What:** Here’s how you can participate: March with the OUTmed group in the Grand Pride Parade 6/26/22 12-2 pm and/or Volunteer at the OUTmed booth. Booth will focus on mental health resources for LGBTQIA+ individuals along with other WUSM information. You will hand out resources and provide verbal education. Pride Booth – 6/25/22 and 6/26/22, 10 am – 6 pm
- **Where:** Downtown STL (on Tucker Blvd. between Market and Olive Streets) Parade will be on Market Street
- **When:** June 25 and 26, 2022

Learn More
WUSM Advancing Inclusion: Disabilities Diversity, Equity and Inclusion Training Open Session

June 27, 2022, 10:00 a.m.-11:30 a.m. Zoom (Virtual)
At the conclusion of this training, participants will be able to:
- Define disabilities
- Identify the impact of creating an inclusive environment for individuals living with disabilities
- Demonstrate the importance of recognizing unconscious bias in relation to visible and invisible disabilities
- Design an effective inclusive practice for your corner of the university

Learn More

Community Discussions: Washington University School of Medicine’s Commitment to Anti-Racism Statement

May 26, 2022, 1:00 p.m.-2:00 p.m. Zoom (Virtual)
This session is hosted by the Office of Diversity, Equity and Inclusion (DEI) at WUSM. In early 2021, the Executive Faculty of Washington University School of Medicine approved a “WUSM Leadership Commitment to Anti-Racism Statement,” naming racism as a public health crisis and committing to address racism within our institution, policies, and educational frameworks. The commitment includes a campus wide anti-racism curriculum aimed at building the capacity of our community to do the work of anti-racism as individuals and as an institution. The Office of DEI at WUSM is hosting one hour community discussions for WUSM community members to learn more and talk about the statement, what it means to them and how you can be involved in this important transformation initiative. Learn More

May is Asian American, Native Hawaiian, and Pacific Islander (AA and NHPI) Heritage Month.

This year's theme, Building Legacy Together: Our Communities' Journey of Strength and Resilience, pays tribute to generations of AAs and NHPIs who paved the way for greater opportunity.

Click HERE for more AA and NHPI resources from the HHS Office of Minority Health Website
Click HERE for more facts and figures on the US AA and NHPI population from Census.gov
Celebrating AA and NHPI Mental Health Webinar Series
Series hosted by the National Asian American Pacific Islander Mental Health Association.

May 17, at 1:00 p.m. ET: Healing Through the Arts
Hear the stories of the creators and participants of heART’s hope, a project that uses art to raise awareness about mental health and suicide prevention for Asian Americans, Native Hawaiians, and Pacific Islanders.

May 24, at 1:00 p.m. ET: Celebrating AANHPI Mental Health: Progress, Building Our Future, and Imagining Possibilities
Where do we go from here? How do we keep advocating for mental health resources in our AANHPI communities? How can you stay involved? Join us for a discussion to recap the month of events, exchange ideas, and discuss opportunities that will help continue the momentum beyond May.

Watch the Broadcast Premiere of Asian American Stories of Resilience on Tuesdays in May
Asian American Stories of Resilience and Beyond features seven short films by emerging and established creators, all focusing on the theme of resilience. Each filmmaker, with the guidance of an accomplished industry mentor, shines a light on moments, big and small, that demonstrate the diversity of the AAPI community. Watch the series on YouTube and PBS every Tuesday this month.

We now have a DEI email address for you to communicate with us about any of your DEI questions, ideas, or concerns. We encourage you to reach out to us at DEIpsych@email.wustl.edu
Juneteenth is coming soon…

“On June 19, 1865 — nearly nine decades after our Nation’s founding, and more than 2 years after President Lincoln signed the Emancipation Proclamation — enslaved Americans in Galveston, Texas, finally received word that they were free from bondage. As those who were formerly enslaved were recognized for the first time as citizens, Black Americans came to commemorate Juneteenth with celebrations across the country, building new lives and a new tradition that we honor today. In its celebration of freedom, Juneteenth is a day that should be recognized by all Americans. And that is why I am proud to have consecrated Juneteenth as our newest national holiday.”

Juneteenth is a day of profound weight and power.

https://www.whitehouse.gov/briefing-room/presidential-actions/2021/06/18/a-proclamation-on-juneteenth-day-of-observance-2021/

A Recommended Podcast:

Dr. Nathalie Dougé Quits Doctoring in the Middle of COVID

Nathalie Dougé always knew she wanted to be a doctor: to help people; to make her family proud; and to advocate for people who looked like her: a first-generation Haitian-American woman from the Bronx. When Covid hit, she was working as a hospitalist in Queens: the epicenter of the pandemic. In this
episode, Dr. Nathalie Dougé tells us her story: what it took to become a doctor; what it was like to treat the sickest patients in the early days of Covid; how George Floyd’s murder intersected with what she was going through at work; and, ultimately, the messy, uncertain process of walking away from her calling, her training, and her identity as a physician.

We are looking for your input on content that helps to elevate Diversity, Equity, and Inclusion to include in our newsletter.

Please do email us at DEIpsych@email.wustl.edu with any recommendations on events, books, movies, podcasts, other popular media, etc.