In this newsletter, we aim to provide you with the latest updates related to Diversity, Equity, & Inclusion (DEI) occurring in our Department of Psychiatry and beyond. This newsletter will be distributed every other month. We will also provide an update on DEI events every other month.

**Psychiatry Listening Sessions**

Drs. Cavazos and Navsaria will plan to continue hosting Psychiatry-focused DEI listening sessions. The purpose of these sessions is to provide you with an opportunity to ask DEI-focused questions, propose ideas, express concerns, etc.

Session 1 will take place on March 30 at 10-11am
Zoom link: [https://wustl-hipaa.zoom.us/j/91961118410](https://wustl-hipaa.zoom.us/j/91961118410)

Session 2 will take place on April 25th at 9-10am
Zoom link: [https://wustl-hipaa.zoom.us/j/97194216124](https://wustl-hipaa.zoom.us/j/97194216124)

**Survey to strengthen the integration of work of the Child Division with that of the Department focused on Adults**

Submit by March 28

*On behalf of Drs. Constantino and Rogers:*

As discussions across recent faculty forums have highlighted, we have several opportunities to **strengthen the integration** of work of the Child Division with that of the Department focused on adults. Many initiatives have already begun and highlighted the success when this integration occurs (DEI initiatives, Perinatal Behavioral Health Service, Early onset psychosis, etc.) For this reason, we are proposing a series of strategic planning meetings that would focus on several key areas, each spanning the domains of research, clinical care, education, and department organization including:

1. Provision of two-generation psychiatric care
2. Psychiatric interventions for Transitional age patients (e.g. substance use, transgender care, autism and developmental disabilities)
3. Education of trainees and medical students
4. Diversity, Equity, and Inclusion work
5. Collaborative Research Initiatives

If you are interested in participating in these strategic planning meetings, please indicate your specific interest and contact information for one or more of the 5 areas above on this brief, 30-second survey [here.](#)

**WU Day of Dialogue and Action (DODA)**

Save the date and register today! The [2022 Day of Dialogue and Action](#) will take place virtually March 29 & 30 between 10am and 4:15pm. The University community put together a plethora of great programming, and the Academy is offering multiple sessions during both days. Day 1 is focused on the medical school. Featured programming:

**Racial Equity in Alzheimer’s Research: Building a Diverse Registry That Benefits Participants and Researchers | March 29, 2022 | 1:30pm**
Presenter: Joyce Balls-Berry, PhD, Neurology

**Comprehensive Campus-Wide Antiracism Unified Message, Tailored Approach | March 29, 2022 | 1:30pm**
Presenters:
Jessica Pittman, MD, MPH, Pediatrics, Allergy, Immunology, and Pulmonary Medicine
Sherree Wilson, PhD, Vice Chancellor and Associate Dean of Diversity, Equity, and Inclusion at WUSM
Audrey Coolman, MPH, Office of Diversity, Equity, and Inclusion at WUSM
Erin Stampp, MPP, Office of Diversity, Equity, and Inclusion at WUSM.

**Department Equity Champions: Building Capacity for Equity Focused Culture Change | March 29, 2022 | 2:30pm**
Panelists:
Ernesto Romo, MD, Emergency Medicine
Book Discussion – Dying of Whiteness Part 1: Firearms #1

Mar 21, 2022
1:00 p.m.-2:00 p.m.

Please join the Office of Diversity, Equity, and Inclusion for a discussion of physician Jonathan M. Metzl’s book “Dying of Whiteness: How the Politics of Racial Resentment Is Killing America’s Heartland.” This week’s discussion will cover the first section: Missouri. More details [here](#).

CRE2-SHC Partnership

More Equity, Or Less? Race and the Future of Genomics

April 8, 2022, 1:00 pm - 2:45 pm

Genomics is yielding transformative insights into the genetic makeup of diseases and the impact of environmental factors on human health. At the same time, the field of genomics has powerful implications for health equity, meanings of race and ethnicity, and the intersections between science and the values we ascribe to social constructions. This spring’s virtual panel on Race and the Future of Genomics addresses these and other developments—an asks how scientists, medical practitioners, and the public can ensure more equitable outcomes in the future.

This virtual event will be moderated by [Vence L. Bonham, Jr.](#) (Acting Deputy Director, National Human Genome Research Institute)

Panelists include:

- Brett Maricque (McDonnell Genome Institute, Washington University in St. Louis)
- Alicia R. Martin (Broad Institute; Harvard Medical School; Massachusetts General Hospital)
- Santiago Molina (Mellon Postdoctoral Fellow, Science in Human Culture, Northwestern University)
- Ann Morning (New York University, Sociology)
- Peter Wade (University of Manchester, Social Anthropology)

Register [here](#).

CRE² brings the research force of Washington University to study how race and ethnicity are integral to the most complex and challenging issues of our time. We believe in field-defining research, innovative learning, and strategic engagement that will transform scholarship, policy, and clinical interventions where race and ethnicity are at the center.
Healing Ourselves: Uncovering Implicit Bias Through Mindfulness

Apr 01, 2022
8:00 a.m.-9:00 a.m.

Hosted by the Office of Diversity, Equity and Inclusion and Human Resources. These programs promotes healing and well-being as we work to change. In this 3-session series participants will use mindfulness practices to uncover implicit biases within themselves to support their work toward positive change. Open to all students, staff and faculty. More details here.

We now have a DEI email address for you to communicate with us about any of your DEI questions, ideas, or concerns.

We encourage you to reach out to us at DEIpsych@email.wustl.edu

Happy Women's History Month!

Putting Women and Girls First: Assessing the National Strategy

On October 21, 2021, the Biden Administration released its first-ever national gender strategy to advance the full participation of all people – including women and girls – in the United States and around the world.

This Women's History Month, join the Women in Global Health-USA Chapters virtually for an event featuring key U.S. government global health and foreign policy leaders as we unpack the Administration's new gender strategy, explore their plans to implement the strategy and measure success, and learn how the community can support the efforts around its' rollout.

Caline Mattar, MD, Assistant Professor of Medicine, Washington University in St. Louis, co-founder of the WGH-Midwest Chapter will give closing remarks.

Date: Thursday, March 24, 4:00-5:30 PM ET

Next week is the 20th anniversary of National LGBTQ Health Awareness Week!

Events and resources:

National Coalition of LGBTQ Health: https://healthlgbt.org/awareness-week/
LGBTQ Health Awareness Week

National LGBTQIA Health Education Center:
www.lgbtqiahealtheducation.org
Educational webinars and resources

Family Acceptance Project https://lgbtqfamilyacceptance.org/
LGBTQ Youth and Family resources to decrease mental health risks and promote well-being