In this newsletter, we aim to provide you with the latest updates related to Diversity, Equity, & Inclusion (DEI) occurring in our Department of Psychiatry and beyond. This newsletter will be distributed every other month. We will also provide an update on DEI events every other month.

**Congratulations to Dr. Fay Fears**

Dr. Fay Fears will be Chief Resident for the general psychiatry training program for the 2022-2023 academic year.

**Congratulations to Dr. Tashalee Brown**

Dr. Tashalee Brown was announced as the recipient of the American Academy of Child and Adolescent Psychiatry’s (AACAP’s) Diversity, Equity, and Inclusion (DEI) Emerging Leaders Fellowship.

**Recent presentations from our faculty**

On January 18th, Dr. Cynthia Rogers, as part of the NIMH Director's Innovation Speakers Series, gave a talk titled, "Addressing Social Determinants to Optimize Infant Brain Development.” In this talk, she provided an overview of adverse exposures and their influence on child development and neonatal brain development, discussing exposure to poverty, crime, and pre-and postnatal exposures to psychopathology and substance use. Click [HERE](#) to view the talk.

On January 19th, Dr. Patty Cavazos-Rehg and Dr. Neha Navsaria presented the department DEI survey results along with DEI updates occurring in our department and across the medical school. Information about a new WUSM-wide curriculum “Understanding Systemic Racism” was also presented. If you missed the presentation, you can access it [HERE](#).
On behalf of the Office of Diversity, Equity and Inclusion, please join the WUSM community in honoring Black History Month (BHM) by registering for events below and checking out the attached Black History in Medicine Newsletter by WUSM’s Students National Medical Association! It includes information about BHM events they are hosting as well. All event details and registration information can be found on our events page and calendar.

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<th>DATE/TIME</th>
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| Wednesday, February 23rd 11:00a – 12:30p | **HeLa 100 – Race and Eugenics**
Join School of Medicine’s Office of Diversity, Equity, and Inclusion and the Division of Biology and Biomedical Science’s Diversity, Equity, and Inclusion and Student and Alumni Affairs for a discussion regarding race and eugenics in relation to Henrietta Lacks. |
| Friday, February 25th 11:30-1pm | **Black Excellence: Historically Black Colleges and Universities (HBCU’s)**
Join the School of Medicine’s Office of Diversity, Equity, and Inclusion and BJC HealthCare Office of Diversity, Equity, and Inclusion for a discussion of Black Excellence: Historically Black Colleges and Universities (HBCUs)! This session will begin with a presentation about the history of HBCUs, busting myths/biases, and their significant contributions to our society, and specifically, health care. |

Individuals with disabilities are encouraged to attend all Washington University School of Medicine sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this event, at least one week before the event, please contact the Washington University School of Medicine Office of Diversity, Equity and Inclusion in advance at 314-273-2809 or MedDEI@wustl.edu

We now have a DEI email address for you to communicate with us about any of your DEI questions, ideas, or concerns. We encourage you to reach out to us at DEIpsych@email.wustl.edu

More events to consider attending...
Thursday, February 17th 2022 7:00 pm-8:00 pm EST
Navigating Conversations about Race, Racism, and Social Justice with Children and Adolescents in a Therapeutic Setting

Presenter: Dr. Tasha Brown, child psychologist, New York-Presbyterian Hospital/Columbia University Medical Center
https://connpsych.org/event/february-social-justice-series-seminar/
Throughout the presentation, attendees will learn how to practice anti-racist behavior and the skills needed to start meaningful and effective conversations with children and their families. This presentation is part of the Connecticut Psychological Association monthly social justice seminar series. This is a free virtual event.
https://us02web.zoom.us/webinar/register/WN_J5IgcVsFSnKhzUATdPez4g

Friday, February 18th 2022 9:00-11:00am
Avoiding the DSM-5 Trap: Identifying Cultural Norms verses Diagnostic Systems for Black Males

Presenter: Harold Neighbors, PhD, University of Michigan
This seminar will focus on attending to cultural norms when considering a DSM-5 diagnosis for Black males. The following areas will be explored:
- Identifying the presentation of cultural factors and survival strategies (i.e., paranoia, mistrust, flat affect, lack of interest) for Black males
- Differentiating between cultural norms versus mental health symptoms for Black males
- Validating normalized patterns of behavior for Black males that are not diagnostic in nature
- The ethics of over diagnosis of Black males to gain access to services
Click here to register. This presentation is sponsored by HomeGrown StL (@WashU), an initiative dedicated to improving the well-being of Black boys and young men and reimagining the ways in which our communities support their health, academic attainment, employment, developmental opportunity, and transition into adulthood.

Wednesday, February 23, 2022 1:00pm EST
Understanding Behavioral Health Needs in Refugee and Immigrant Communities—Virtual Roundtable

The SAMHSA National Network to Eliminate Disparities in Behavioral Health will offer a virtual roundtable to discuss trauma, culture, and culturally responsive approaches to addressing behavioral health needs of refugees, immigrants, and asylees. https://nned.net/10023/. The National Network to Eliminate Disparities in Behavioral Health (NNED) is a network of community-based organizations focused on the mental health and substance use issues of diverse racial and ethnic communities. The NNED supports information sharing, training, and technical assistance towards the goal of promoting behavioral health equity.
Avoiding the DSM-5 Trap: Identifying Cultural Norms versus Diagnostic Systems for Black Males

Harold Neighbors, PhD
University of Michigan

Feb. 18, 2022
9:00 am - 11:00 am
Hosted on Zoom

General Admission: $75
PPN Members: $25
Price is per session

Register: tinyurl.com/2p823u6

HOMEGROWNStL

THURSDAY, FEBRUARY 17 | THE LEGACY OF HOMER G. PHILLIPS HOSPITAL, 1:20-9:00 PM | MISSOURI HISTORY MUSEUM

Friday, February 18, 2022, 1-5:30 PM | A單位 COnference Room, 2400 Grand Airport Blvd. - St. Louis, Missouri

FEBRUARY 18 | PROTEST AND COMMUNITY STORYTELLING | 10:00AM-11:00AM | MISSOURI HISTORY MUSEUM

FEBRUARY 19 | RACE, VIOLENCE, AND JUSTICE: THE MINK SLICE SALON | 6:00-8:00 PM | MISSOURI HISTORY MUSEUM

FEBRUARY 28 | BLACK HISTORY MONTH: HEALTH HEROES STORYTELLING | 10:00AM-11:00AM | MISSOURI HISTORY MUSEUM

FEBRUARY 28 | ST. LOUIS REGIONAL STEAMER COMPETITION 2023 | 6:00PM-9:00PM | MISSOURI HISTORY MUSEUM

The STEAMer Competition invites high school, middle school, and elementary school teams to construct a steam engine or machine and demonstrate their knowledge in mechanical engineering and science. The competition will feature a variety of machines and engines, giving students an opportunity to showcase their creativity and problem-solving skills.