

DIVERSITY, EQUITY & INCLUSION

MAY 2022

This newsletter contains latest updates related to Diversity, Equity, & Inclusion (DEI) occurring in the Department of Psychiatry and beyond.



MAY IS ASIAN AMERICAN, NATIVE HAWAIIAN, AND PACIFIC ISLANDER (AA AND NHPI) HERITAGE MONTH.

This year's theme, Building Legacy Together: Our Communities' Journey of Strength and Resilience, pays tribute to generations of AAs and NHPIs who paved the way for greater opportunity.

- Click [HERE](#) for more AA and NHPI resources from the HHS Office of Minority Health Website
- Click [HERE](#) for more facts and figures on the US AA and NHPI population from Census.gov

CELEBRATING AA AND NHPI MENTAL HEALTH WEBINAR SERIES

Series hosted by the National Asian American Pacific Islander Mental Health Association.



- May 17, at 1:00 p.m. ET: Healing Through the Arts

Hear the stories of the creators and participants of heART's hope, a project that uses art to raise awareness about mental health and suicide prevention for Asian Americans, Native Hawaiians, and Pacific Islanders.

- May 24, at 1:00 p.m. ET: Celebrating AANHPI Mental Health: Progress, Building Our Future, and Imagining Possibilities

Where do we go from here? How do we keep advocating for mental health resources in our AANHPI communities? How can you stay involved? Join us for a discussion to recap the month of events, exchange ideas, and discuss opportunities that will help continue the momentum beyond May

WATCH THE BROADCAST PREMIERE OF ASIAN AMERICAN STORIES OF RESILIENCE ON TUESDAYS IN MAY

Asian American Stories of Resilience and Beyond features seven short films by emerging and established creators, all focusing on the theme of resilience. Each filmmaker, with the guidance of an accomplished industry mentor, shines a light on moments, big and small, that demonstrate the diversity of the AAPI community. Watch the series on YouTube and PBS every Tuesday this month.



OUTMED IS "TOGETHER AGAIN" AT PRIDEFEST 2022

OUTMed is proud to announce we will once again be a sponsor at PrideFest 2022, hosted by PRIDE STL. PrideFest, is back in-person this June 25-26, 2022 with the theme "Together Again".

You're invited to join the OUTmed group during the Grand Pride Parade and/or volunteer at a booth designed to provide mental health resources for LGBTQIA+ individuals.

- Who: Open to all Washington University faculty, staff, trainees and students.
- What: Here's how you can participate: March with the OUTmed group in the Grand Pride Parade Grand Pride Parade 6/26/22 12-2 pm and/or Volunteer at the OUTmed booth. Booth

- will focus on mental health resources for LGBTQIA+ individuals along with other WUSM information. You will hand out resources and provide verbal education. Pride Booth -6/25/22 and 6/26/22, 10 am -6 pm
- Where: Downtown STL (on Tucker Blvd. between Market and Olive Streets) Parade will be on Market Street
- When: June 25 and 26, 2022

[Learn More](#)

Community Discussions: Washington University School of Medicine's Commitment to Anti-Racism Statement

May 26, 2022, 1:00 p.m.-2:00 p.m. Zoom (Virtual)

This session is hosted by the Office of Diversity, Equity and Inclusion (DEI) at WUSM. In early 2021, the Executive Faculty of Washington University School of Medicine approved a "WUSM Leadership Commitment to Anti-Racism Statement," naming racism as a public health crisis and committing to address racism within our institution, policies, and educational frameworks. The commitment includes a campus wide anti-racism curriculum aimed at building the capacity of our community to do the work of anti-racism as individuals and as an institution. The Office of DEI at WUSM is hosting one hour community discussions for WUSM community members to learn more and talk about the statement, what it means to them and how you can be involved in this important transformation initiative. [Learn More](#)

WUSM Advancing Inclusion: Disabilities Diversity, Equity and Inclusion Training Open Session

June 27, 2022, 10:00 a.m.-11:30 a.m. Zoom (Virtual)

At the conclusion of this training, participants will be able to:

- Define disabilities
- Identify the impact of creating an inclusive environment for individuals living with disabilities
- Demonstrate the importance of recognizing unconscious bias in relation to visible and invisible disabilities
- Design an effective inclusive practice for your corner of the university

[Learn More](#)

Psychiatry Listening Sessions

Drs. Cavazos and Navsaria will plan to continue hosting Psychiatry-focused DEI listening sessions.

The purpose of these sessions is to provide you with an opportunity to ask DEI-focused questions, propose ideas, express concerns, etc.

Thank you to those attendees who have previously joined us for one or more listening sessions. Some of the topics discussed included strategies to recruit and retain a more diverse workforce and requests for more DEI training opportunities across all psychiatry staff, faculty, and trainees.

- Summer Session 1 will take place on June 30, 2022 at 10am-11am

Zoom link: <https://wustl-hipaa.zoom.us/j/92099284979>

- Summer Session 2 will take place on July 19, 2022 at 11am-12n

Zoom link: <https://wustl-hipaa.zoom.us/j/97642467749>

Juneteenth is a day of profound power. Coming soon...



"On June 19, 1865 — nearly nine decades after our Nation's founding, and more than 2 years after President Lincoln signed the Emancipation Proclamation — enslaved Americans in Galveston, Texas, finally received word that they were free from bondage. As those who were formerly enslaved were recognized for the first time as citizens, Black Americans came to commemorate Juneteenth with celebrations across the country, building new lives and a new tradition that we honor today. In its celebration of freedom, Juneteenth is a day that should be recognized by all Americans. And that is why I am proud to have consecrated Juneteenth as our newest national holiday."

<https://www.whitehouse.gov/briefing-room/presidential-actions/2021/06/18/a-proclamation-on-juneteenth-day-of-observance-2021/>

The 19th Annual Allen P. Klippel Honorary Lecture
Tuesday, June 7, 2022 (Virtual Format)



DEPARTMENT OF EMERGENCY MEDICINE

Washington University in St. Louis
SCHOOL OF MEDICINE

9:15 am – 9:50 am

**Making an Impact on
Community Health**

Jason Q. Purnell, PhD, MPH
Vice President, BJC HealthCare
Community Health Improvement

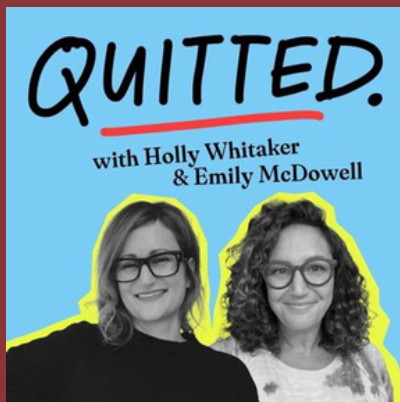


All are welcome to attend. [Click](#) to register.
Questions? Please contact Kim Vaninger at
vaningerk@wustl.edu

10:00 am – 12:00 pm

**Population Health Strategies for Emergency
Medicine**

David F. Brown, MD, FACEP
President,
Massachusetts General Hospital and
Executive Vice President at Mass General Brigham



**A RECOMMENDED PODCAST: DR. NATHALIE DOUGÉ QUILTS DOCTORING
IN THE MIDDLE OF COVID**

Nathalie Dougé always knew she wanted to be a doctor: to help people; to make her family proud; and to advocate for people who looked like her: a first-generation Haitian-American woman from the Bronx. When Covid hit, she was working as a hospitalist in Queens: the epicenter of the pandemic. In this episode, Dr. Nathalie Dougé tells us her story: what it took to become a doctor; what it was like to treat the sickest patients in the early days of Covid; how George Floyd's murder intersected with what she was going through at work; and, ultimately, the messy, uncertain process of walking away from her calling, her training, and her identity as a physician.

If you have interest in hearing this podcast you can learn more here.

Here are a few questions to consider as you listen to this podcast:

- What, can you imagine, are the added pressures felt by our BIPOC colleagues that may not be present for white faculty and staff?
- What does it mean to be an "ally" in the workplace? How can we all better support one another in times of crisis, and in everyday work-life?
- For white staff/faculty: What were some takeaways on how to show-up and advocate for colleagues of color?

We now have a DEI email address for you to communicate with us about any of your DEI questions, ideas, or concerns.
We encourage you to reach out to us at DEIpsych@email.wustl.edu

We are also looking for your input on content that helps to elevate Diversity, Equity, and Inclusion to include in our newsletter.
Please do email us at DEIpsych@email.wustl.edu with any recommendations on events, books, movies, podcasts, other popular media, etc.