

# DIVERSITY, EQUITY & INCLUSION

## FEBRUARY 2022

This newsletter contains latest updates related to Diversity, Equity, & Inclusion (DEI) occurring in the Department of Psychiatry and beyond.

### CELEBRATING BLACK HISTORY MONTH

#### CELEBRATE BLACK HISTORY MONTH

On behalf of the Office of Diversity, Equity and Inclusion, please join the WUSM community in honoring Black History Month (BHM) by registering for events below and checking out the attached Black History in Medicine Newsletter by WUSM's Students National Medical Association! It includes information about BHM events they are hosting as well. All event details and registration information can be found on our events page and calendar.

- Wednesday, February 23rd | 11:00a – 12:30p  
HeLa 100 – Race and Eugenics  
Join School of Medicine's Office of Diversity, Equity, and Inclusion and the Division of Biology and Biomedical Science's Diversity, Equity, and Inclusion and Student and Alumni Affairs for a discussion regarding race and eugenics in relation to Henrietta Lacks.
- Friday, February 25th. | 11:30-1pm  
Black Excellence: Historically Black Colleges and Universities (HBCU's)  
Join the School of Medicine's Office of Diversity, Equity, and Inclusion and BJC HealthCare Office of Diversity, Equity, and Inclusion for a discussion of Black Excellence: Historically Black Colleges and Universities (HBCUs)! This session will begin with a presentation about the history of HBCUs, busting myths/biases, and their significant contributions to our society, and specifically, health care.

Individuals with disabilities are encouraged to attend all Washington University School of Medicine sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this event, at least one week before the event, please contact the Washington University School of Medicine Office of Diversity, Equity and Inclusion in advance at 314-273-2809 or [MedDEI@wustl.edu](mailto:MedDEI@wustl.edu)

#### CONGRATULATIONS TO DR. FAY FEARS

Dr. Fay Fears will be Chief Resident for the general psychiatry training program for the 2022-2023 academic year.



#### CONGRATULATIONS TO DR. TASHALEE BROWN

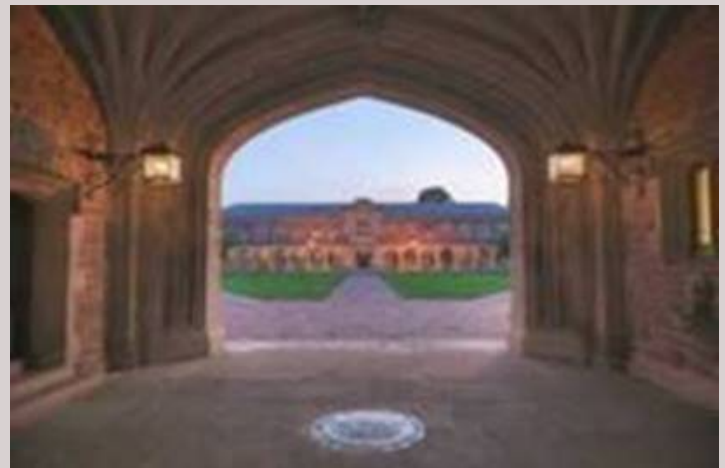
Dr. Tashalee Brown was announced as the recipient of the American Academy of Child and Adolescent Psychiatry's (AACAP's) Diversity, Equity, and Inclusion (DEI) Emerging Leaders Fellowship.



#### RECENT PRESENTATIONS FROM OUR FACULTY

On January 18th, Dr. Cynthia Rogers, as part of the NIMH Director's Innovation Speakers Series, gave a talk titled, "Addressing Social Determinants to Optimize Infant Brain Development." In this talk, she provided an overview of adverse exposures and their influence on child development and neonatal brain development, discussing exposure to poverty, crime, and pre-and postnatal exposures to psychopathology and substance use. Click [HERE](#) to view the talk.

On January 19th, Dr. Patty Cavazos-Rehg and Dr. Neha Navsaria presented the department DEI survey results along with DEI updates occurring in our department and across the medical school. Information about a new WUSM-wide curriculum "Understanding Systemic Racism" was also presented. If you missed the presentation, you can access it [HERE](#).



# EVENTS TO CONSIDER ATTENDING...

- Navigating Conversations about Race, Racism, and Social Justice with Children and Adolescents in a Therapeutic Setting  
Thursday, February 17th 2022 7:00 pm-8:00 pm EST.  
Presenter: Dr. Tasha Brown, child psychologist, New York-Presbyterian Hospital/Columbia University Medical Center  
Throughout the presentation, attendees will learn how to practice anti-racist behavior and the skills needed to start meaningful and effective conversations with children and their families. This presentation is part of the Connecticut Psychological Association monthly social justice seminar series. This is a free virtual event.  
[https://us02web.zoom.us/webinar/register/WN\\_J5IgcVsFSnKhzUATdPez4g](https://us02web.zoom.us/webinar/register/WN_J5IgcVsFSnKhzUATdPez4g)

- Avoiding the DSM-5 Trap: Identifying Cultural Norms versus Diagnostic Systems for Black Males  
Friday, February 18th 2022 9:00-11:00am  
Presenter: Harold Neighbors, PhD, University of Michigan  
This seminar will focus on attending to cultural norms when considering a DSM-5 diagnosis for Black males. The following areas will be explored:

- Identifying the presentation of cultural factors and survival strategies (i.e., paranoia, mistrust, flat affect, lack of interest) for Black males
- Differentiating between cultural norms versus mental health symptoms for Black males
- Validating normalized patterns of behavior for Black males that are not diagnostic in nature
- The ethics of over diagnosis of Black males to gain access to services

Click here to register. This presentation is sponsored by HomeGrown StL (@WashU), an initiative dedicated to improving the well-being of Black boys and young men and reimagining the ways in which our communities support their health, academic attainment, employment, developmental opportunity, and transition into adulthood.

- Understanding Behavioral Health Needs in Refugee and Immigrant Communities—Virtual Roundtable  
Wednesday, February 23, 2022 1:00pm EST  
The SAMHSA National Network to Eliminate Disparities in Behavioral Health will offer a virtual roundtable to discuss trauma, culture, and culturally responsive approaches to addressing behavioral health needs of refugees, immigrants, and asylees.  
<https://nned.net/10023/>. The National Network to Eliminate Disparities in Behavioral Health (NNED) is a network of community-based organizations focused on the mental health and substance use issues of diverse racial and ethnic communities. The NNED supports information sharing, training, and technical assistance towards the goal of promoting behavioral health equity.

**The Connecticut Psychological Association presents its 14th Social Justice Seminar**  
**NAVIGATING CONVERSATIONS ABOUT RACE, RACISM, AND SOCIAL JUSTICE WITH CHILDREN AND ADOLESCENTS IN A THERAPEUTIC SETTING**

**Dr. Tasha M. Brown**

Throughout the presentation, clinicians will learn how to navigate conversations about race, racism, and social justice. Additionally, clinicians will walk away with an understanding of how to practice anti-racist behavior and the skills needed to start meaningful and effective conversations with children and their families.

**Thursday, February 17th, 7-8 pm**  
Zoom Link:  
[https://us02web.zoom.us/webinar/register/WN\\_J5IgcVsFSnKhzUATdPez4g](https://us02web.zoom.us/webinar/register/WN_J5IgcVsFSnKhzUATdPez4g)

HGSTL Preferred Provider Network Training Academy presents:

**Avoiding the DSM-5 Trap: Identifying Cultural Norms versus Diagnostic Systems for Black Males**

**Harold Neighbors, PhD**  
University of Michigan

**Feb. 18, 2022**  
9:00 am – 11:00 am  
Hosted on Zoom

General Admission: \$75  
PPN Members: \$25  
Price is per session

Register:  
[tinyurl.com/2p9823u6](https://tinyurl.com/2p9823u6)

**HOMEGRWNStL**

**BLACK HISTORY MONTH 2022**

Join the Missouri Historical Society for a series of Black History Month events at the Missouri State Library.

**THURSDAY, FEBRUARY 17 | THE LEGACY OF HOMER G. PHILLIPS HOSPITAL | 9:30-4:00PM | MISSOURI HISTORY MUSEUM**  
Join historian Dr. Patricia Dandridge-White and Catherine O'Connell, author of the new book, *Cloning the Doctor: Cloning the Dream, the History of Homer G. Phillips Hospital for a generation in St. Louis & beyond*. Enjoy a panel of conversation, Black history presentations, film, and more. Free admission to the program and the event. Free parking.

**FRIDAY, FEBRUARY 18, AND SATURDAY, FEBRUARY 19 | HISTORY EXPLORATION DAYS + PROTESTS AND PROGRESS: ST. LOUIS RECONSTRUCTION | 11AM-3PM | MISSOURI HISTORY MUSEUM**  
The new *History Exploration Days* event will look at different St. Louis neighborhoods—both past and present—and see how they have changed throughout the years in terms of protest and progress.

**FRIDAY, FEBRUARY 18 | PROTEST AND COMMUNITY STORYTELLING | 10:30AM-11AM | MISSOURI HISTORY MUSEUM**  
Join us for a special event as part of our *History Exploration Days*. We will hear about community protest and St. Louis neighborhoods through various 1960s. Free admission to the Missouri State Library. Free parking.

**THURSDAY, FEBRUARY 24 | RACE, VIOLENCE, AND JUSTICE: THE MINK SLIDE SALON | 6:30-8:00PM | MISSOURI HISTORY MUSEUM**  
Owen K. Gooden will discuss his book, *The Mink Slide*, and his keynote speaker Dr. Gooden will speak about racial violence in St. Louis history.

**FRIDAY, FEBRUARY 25 | BLACK HISTORY MONTH: HEALTH HEROES STORYTELLING | 10:30AM-11AM | MISSOURI HISTORY MUSEUM**  
This year's focus for Black History Month will explore the influence of Black Americans on the health and medical fields. Hear from our speakers about their work, as well as the experience of St. Louis's Black St. Phillips Hospital.

**FRIDAY, MARCH 4 | ST. LOUIS REGIONAL STEAMSTEAMER COMPETITION 2022 | 8-8PM | MISSOURI HISTORY MUSEUM**  
The STEAMSTEAMER Competition is an annual celebration for recognizing student achievement in science, technology, engineering, art, and math (STEAM). During the event, students will demonstrate their science know-how through building and racing paper boats. Prizes will be awarded to the team which will compete on one stage for a chance to become the next STEAMSTEAMER of St. Louis.

We now have a DEI email address for you to communicate with us about any of your DEI questions, ideas, or concerns. We encourage you to reach out to us at [DEIpsych@email.wustl.edu](mailto:DEIpsych@email.wustl.edu)

We are also looking for your input on content that helps to elevate Diversity, Equity, and Inclusion to include in our newsletter. Please do email us at [DEIpsych@email.wustl.edu](mailto:DEIpsych@email.wustl.edu) with any recommendations on events, books, movies, podcasts, other popular media, etc.